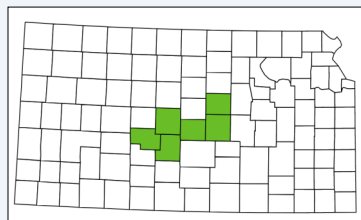


Adult Obesity - 2015

Public Health Preparedness Region: Central Kansas Region



Counties

Barton, McPherson,
Pawnee, Rice,
Saline & Stafford

Overview

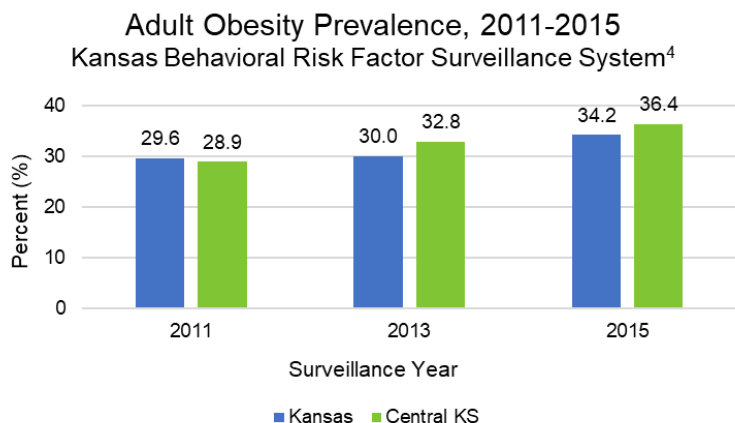
Over 1 in 3 adults ages 18 years and older in the Central Kansas Region were obese. The obesity prevalence for this region in 2015 (36.4%, 95% CI: 32.8% to 40.0%) is similar to Kansas (34.2%, 95% CI: 33.4% to 35.0%).⁴ The prevalence of obesity in this region has **significantly increased** in 2015,

Table 1. Adult Obesity Among Population Sub-groups⁴

Region	Weighted %	95% CI
Kansas	34.2%	33.4% - 35.0%
Central Kansas Region	36.4%	32.8% - 40.0%
Age Group		
18 to 44 Years	33.8%	27.6% - 40.1%
45 to 64 Years	43.3%	37.6% - 49.1%
65 Years and Older	29.5%	24.1% - 34.8%
Disability Status Group		
Living with a Disability	47.7%	40.3% - 55.1%
Living without a Disability	33.3%	29.2% - 37.4%
Leisure Time Physical Activity Group		
Participates in leisure time physical activity	33.1%	28.9% - 37.4%
Does not participate in leisure time physical activity	47.3%	39.7% - 55.0%

Significantly higher obesity was seen among: adults ages 45 to 64 years, compared to those 65 years and older; those living with a disability, compared to those living without a disability; and those who do not participate in leisure time physical activity, compared to those who participate in leisure time physical activity. There were no significant differences in prevalence of obesity among other demographic groups.⁴

Notes: Numerator: Respondents with a BMI greater than or equal to 30, based on self-reported height and weight. Denominator: All respondents, excluding unknowns and refusals. Italicized prevalence estimates have a margin of error >5 and should be interpreted with caution. Please refer to the Technical Notes for



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